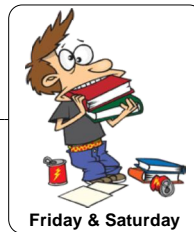
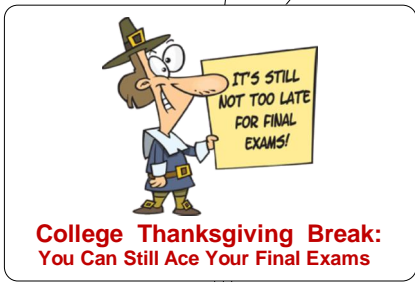




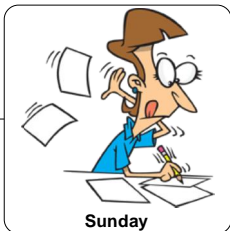
- Acknowledge that you're behind and that you need to catch-up now
  - Get notes from others because you probably don't have any
    - Current classmates
    - Former students
  - Meet with your professors
    - Don't ask "what will be on the test"
    - Ask "what's important"
- Download a mind mapping program
  - Tool of choice to get back on track
    - Helps you consolidate all your notes into a mind map
    - Quick and effective
  - Free programs
    - X-Mind
    - FreeMind
    - Mind42
  - 30-day free trials
    - Free trial is long enough to get you through the semester
    - DropMind
    - ConceptDraw
    - MindManager
    - iMindMap
- Develop a plan and schedule
  - Don't review randomly
    - Time consuming
    - You're bound to miss something important
  - Prioritize
    - Helps you allocate your time and energy
    - What needs to get done?
    - What's most important?
    - Use feedback from classmates
    - Use feedback from professors
  - Use the mind mapping program to organize tasks



- Enjoy Thanksgiving
  - Socialize with friends and family
  - Get ready for the busy weekend ahead
- Explain to family and friends that you'll be busy this weekend
  - Importance of school success
  - You'll make up for it during the winter break
- Find a private place to study
  - Free of distractions
  - Well-lit and fresh air
- Experiment with a mind mapping program to become familiar with it
- If you're not going home, use this day to get started on Friday's tasks



- Use mind maps to transform information into knowledge
  - Integrate all materials into mind maps
    - Class notes, textbook
    - One map per chapter
    - Key concepts only
  - 4 repeating steps
    1. Identify key concepts
    2. Organize and connect key concepts in a mind map
    3. Think critically about what you're learning
    4. Ask key questions to identify what else you still need to learn
- Put question marks next to concepts that don't make sense
  - Try to make sense of them later
  - Consult with professors
  - Consult with classmates
- Writing assignments
  - Use the new knowledge that you've just acquired to develop mind map skeletons of your essays
  - Add references and specific text that you'll need in notes section of mind maps
- Take regular breaks
  - Rest physically and mentally
  - Let new knowledge sink in
  - Reward and recharge
  - Don't use it as an excuse to procrastinate



- Writing assignments
  - If you have essays due on Monday, do them first
  - Others can wait until next weekend
- Solve practice problems
  - Key here is to practice on NEW problems
  - If you get it wrong, go back to your mind maps and materials to correct/update your understanding and mind maps
- Develop a list of questions for your classmates and professors
  - Questions from Sunday
  - Also integrate questions from Friday and Saturday
- Take regular breaks



- Meet with your classmates and professors to get your questions answered
  - Integrate with you mind maps
  - Revise mind maps as needed
- Keep up with the new course materials
  - Don't fall behind again
  - Use weekdays to mind map all course materials
- Practice more new problems
  - On weekends
  - Past exams; review sessions; study sheets
  - Incorporate into your course mind maps
- Have fun learning and ace those exams!
  - Keep things in perspective
  - Excessive stress will hurt your productivity and performance