Thinking & Learning
(Skill 1)

1. Use the Concise Learning method (CLM) to learn effectively and efficiently
   - "Iron rusts from disuse; stagnant water loses its purity and in cold weather becomes frozen; even so does inaction sap the vigor of the mind." - Leonardo da Vinci
   - "How well you think determines how well you learn." - Toni Krasnic

2. Adopt a sustainable learning culture
   - "I think, therefore I am." - Descartes

3. Critical thinking
   - "Memories are all we really own." - Elias Lieberman

4. Memory
   - "Any man who can drive safely while kissing a pretty girl is simply not giving the kiss the attention it deserves." - Albert Einstein

5. Attention

6. Reading
   - "I took a speed reading course and read 'War and Peace' in twenty minutes. It involves Russia." - Woody Allen

7. Notes
   - "He listens well who takes notes." - Dante Alighieri

8. Information management
   - "The number one benefit of information technology is that it empowers people to do what they want to do. It lets people be creative. It lets people be productive. It lets people learn things they didn't think they could learn before, and so in a sense it is all about potential." - Steve Balmer

9. Learning environment
   - "The least of the work of learning is done in the classroom." - Thomas Merton

10. Top 3 book recommendations